

Sermon Based Small Groups

Ephesians 4:2

Ice Breaker

Feel free to use this question, or make up one of your own!

If you could trade jobs with someone for a week, who would you choose?

(This can be someone you know, or someone famous like an athlete, president etc.)

Scripture

Ephesians 4:2 New International Version (NIV)

Be completely humble and gentle; be patient, bearing with one another in love.

Sermon Recap video

Questions

Main Question 1

What does it mean to be humble?

Follow up questions:

Is there someone in your life who displays humility? In what ways?

What does the opposite of humility look like?

How was Jesus humble? (Read Philippians 2:5-11)

Philippians 2:5-11, NIV

5 In your relationships with one another, have the same mindset as Christ Jesus:

6 Who, being in very nature God,

did not consider equality with God something to be used to his own advantage;

7 rather, he made himself nothing

by taking the very nature of a servant,

being made in human likeness.

8 And being found in appearance as a man,

he humbled himself

by becoming obedient to death—

even death on a cross!

9 Therefore God exalted him to the highest place

and gave him the name that is above every name,

10 that at the name of Jesus every knee should bow,

in heaven and on earth and under the earth,

11 and every tongue acknowledge that Jesus Christ is Lord,

to the glory of God the Father.

Main Question 2

How would you describe gentleness?

Follow up questions:

How is it different from just being nice, or polite?

When have you had to lay down an aspect of your personality, voice, manner, goals, or something else in order to deal gently with someone?

Main Question 3

How does the world view the traits of humility and gentleness?

Follow up questions:

Do you think the perception of the church is that the members are humble or gentle?

Would your own family members say you are humble, or gentle?

Main Question 4

What tries your patience?

Follow up questions:

Can you think of a time when someone was patient with you, as you learned or developed in a certain skill or characteristic?

Has God been patient with you?

Where do you need to grow in your patience with others?

Main Question 5

What does bearing with one another in love mean?

Follow up questions:

What traits of yourself do you think those around you have to bear?

When a baby is born, do we demand that they walk right away?

How do we respond when they do take their first steps, even when they fall down after?

How do we respond when those around us take their first steps in faith?

Do we expect those around us to be perfect?

Prayer

Ask your group if there are any updates from last week's prayer concerns.

Include time in the prayer to thank God for any answers to last week's prayer.

Ask for new prayer concerns.

It is a good idea to write these down, so you can be sure to cover each one.

If your group is getting comfortable with each other, you could ask for volunteers to pray for each of the concerns during the prayer time.

Invite you group to take a look at the devotions leading up to next week's sermon. They are available online on the Foundry website.

